

Golden Apple Foundation NEWS RELEASE

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Golden Apple 5K Run Set for Nov. 4 in Forest Park

Registration now is open for the 11th Annual Golden Apple 5K Run. The event is set for Sunday, Nov. 4, kicking off at 9 a.m. at Madison and Marengo in Forest Park, which is 10 miles west of downtown Chicago. Runners can sign up online at www.ga5k.com. Entry fee is \$25 for pre-registration, \$23 for seniors, and \$17 for students and teacher.

All proceeds go to the Golden Apple Foundation (www.goldenapple.org), which advances the teaching profession through annual awards for teaching excellence, preparation of teachers for high-need classrooms, and ongoing professional development.

Last year 400 entrants took part in the run on a scenic, fast certified course along Forest Park's beautiful tree-lined streets.

Tim Kenny, race director and leading sponsor, expects hundreds of runners of all ages and large corporate groups will participate. Kenny said he is in the race "to raise awareness and funds for the programs of Golden Apple, which are based on the belief that 'All Children Deserve Excellent Teachers.'"

Other sponsors include Whole Foods Market, Run Chicago, Caring Medical & Rehabilitation Services, Beulah Land Nutritionals, Forest Park National Bank & Trust Co., Bryon's Hot Dogs and Ty Warner.